

Day One, Monday 7th September (all times are UK GMT)

Time		
09:00-09:15	Open to look around site	
09:15-09:30	Welcome by WiSEAN, Dr Jacky Forsyth	
09:30-10:15	Sophie Power: <i>Becoming a mother doesn't stop you being an athlete: My journey through ultrarunning, motherhood and campaigning for change</i>	
10:30-11:15	Dr Emma Ross: <i>How do we get SmartHER in our support of female athlete health, wellbeing and performance?</i>	
11.30 -12:15	Dr Bryna Christmas: <i>Researching women in sport and exercise: lessons learnt from East Yorkshire to the Middle East</i>	
	Break	
13:00-13:45	Mentoring session, led by Dr Rachael Bullingham	
14:00-14:45	Dr Marie-Stéphanie Abouna: <i>Women's sport recognition in the time of COVID-19: The example of women's football</i>	
15:00-15:15	Izzy Moore et al.	<i>Exercise-related experiences of female runners during pregnancy and postpartum</i>
15:15-15:30	Guy Pitchers et al.	<i>The effects of menstrual and contraceptive cycle monitoring in elite soccer</i>
15:30-15:45	Shelley Ellis et al.	<i>Ergonomic fit of equipment for female whitewater kayakers: Can changing sitting height increase paddle stroke efficiency?</i>
15:45-16:00	Anna Kosciuk et al.	<i>Do more flexible feet explain differences in injury risks and patterns between female and male middle-distance runners?</i>
16:00-16:15	Alison Innerd et al.	<i>Physical activity behaviours of women in the North East during the COVID-19 UK 'stay at home' restrictions</i>
16:15-16:30	Paula Wittels	<i>A co-produced virtual community health project with mothers of young children from a disadvantaged neighbourhood to support healthy lifestyle behaviours</i>
16:30-16:45	Megan Trollope	<i>Using video role models to modify middle-aged women's physical self-perceptions and attitudes towards physical activity behaviours</i>
17:00-17:15	Sarah Wagstaff	<i>Facilitating a collaborative learning culture within a basketball community of practice – A personal account of action research</i>
	Break	
19:00-19:45	Dr Nicky Keay: <i>Optimising dancer health and performance in the time of COVID-19</i>	
20:00-20:45	Dr Holly Thorpe: <i>The gendered politics of recovery: A feminist analysis of women's sport and exercise through COVID-19</i>	

Day Two, Tuesday 8th September (all times are UK GMT)

Time		
08:00-08:45	Professor Louise Burke: <i>Why we need to undertake more research on female athletes</i>	
09:15-10:00	Dr Xanne Janse de Yonge: <i>The effects of female hormones on muscle function</i>	
10:15-11:00	Professor Zoe Knowles: <i>Career reflections and future directions: Words, pictures, kids and trees</i>	
11:15 -12:00	Professor Mette Hanson: <i>Oestrogen regulation of musculoskeletal function</i>	
	Break	
13:00-13:45	Victoria Evans: <i>#TimeToSeaChange: Crossing oceans for women in sport</i>	
14:00-14:45	Hanna Gildam-Clark: <i>Getting to the top and staying there: Experiences of elite Qatari female athletes</i>	
15:00-15:15	Britta Sorensen	<i>A longitudinal case-study approach to professional female ultra-triathletes' pain management</i>
15:15-15:30	Jordan Matthews, Lucy Piggott	<i>Gender, leadership and governance in English National Governing Bodies of sport: Formal structures, rules, and processes</i>
15:30-15:45	Christina Plath	<i>"There has been no difference between male and female athletes in the VBL [German Volleyball League] for almost 15 years" – Between equal visibility and objectified staging of female athletes in professional volleyball teams in Germany</i>
15:45-16:00	Ali Bowles et al.	<i>COVID-19 and elite women's sport: Experiences of lockdown and concerns for the future</i>
16:00-16:15	Philippa Velija & Catherine Phipps	<i>Gendered curricula and female students' experiences on university sport courses</i>
16:15-16:30	Eimear Kelly	<i>Developing a strategy for female role models in physical activity and sports promotion</i>
16:30-16:35	Millie Meadows et al.	<i>Understanding perception and factors influencing levels of physical exercise in both male and female patients with Psoriatic Arthritis: A qualitative study</i>
16:40-16:45	Britta Sorensen	<i>How is the elite cycling world changing for the French female cyclist? A cultural and comparative snapshot of progress so far</i>
17:00-17:15	Christo Manginis	<i>Enabling resistance training in young female soccer players: An examination of coaching attitudes</i>
	Break	
19:00-19:45	Professor Laura Burton: <i>Opportunities and challenges for women in sport leadership in the COVID-19 world</i>	
20:00-20:45	Kate Nicholson: <i>Keeping fit and active: Implications and opportunities for women post lockdown</i>	
20:45-21:00	Close	